



Nursery Furniture

Buying Guide

Furniture Buying Guide

At It's a Baby we have a range of nursery furniture to satisfy all budgets. All our furniture and bedding meets the highest standards of safety and comfort in order to give you peace of mind while your baby enjoys a good night's sleep.

Early Days

Moses Baskets

- For babies up to 3-4 months (6kg/13lbs).
- The strong handles make the basket easy to move, so you can keep your baby near you, wherever you are.
- Choose wicker or palm, with washable trimmings in plain fabrics.



Cribs

- For babies up to 3-4 months (6kg/13lbs).
- A traditional swinging crib can help soothe your baby to sleep.
- Choose natural or painted wood.
- A crib is not suitable for a baby who's become active.



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Cots

Cots are suitable for babies from birth.



Drop-side

Many styles have mechanisms that allow you to lower or raise the side with one hand, while cradling your baby with the other.

Adjustable-height mattress base

Cots come with either a fixed side or a drop side mechanism. Most cots come with 2 - 3 base positions. The highest position for newborns, and the lowest position for toddlers who can stand up. Mattresses sold separately.



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Castors

Two or four castors make your cot easier to move around.

Two must be lockable, and should always be locked when not in use.

Teething rails

Clear non-toxic plastic protects your baby's gums once he's teething and has started to chew.

Cot Beds

Larger, with removable sides, so they can be converted into beds.

A good value choice, since cot beds have a longer life-span.



Travel Cots

Folding cots are perfect for holidays - some also double as a playpen.

It's a good idea to get your baby used to sleeping in the cot for a few nights at home.

Many styles have removable, washable covers and fold away into a travel bag.

Mattresses

- All mattresses supplied by It's a Baby meet the highest possible standards of performance and safety.
- None of our mattresses contain antimony, phosphorus or arsenic.
- All foam is non-allergenic and fire resistant.
- Choose a firm mattress and make sure it's always clean and dry.

Sheets and Blankets

- All our sheets and Blankets are non-allergic and machine washable.
- We supply cotton knitted, jersey, cellular and fleece sheets and blankets
- Sheets, flat or fitted, come in a range of colours to co-ordinate with your favorite designs.
- Use layers of sheets and blankets for a pram, carry-cot, cot or bed.



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Quilts and coverlets

Use with sheets and blankets to create layers, but use these with caution as they can lead to overheating.



Baby Sleeping Bags

- Available in 0 – 6 months and 6 – 12 months
- A Baby Sleep Bag is a wearable blanket that will keep your baby at a comfortable temperature all night long. A safe and sound night's sleep for your baby means peace of mind and more sleep for you!

Below you will find advice on how to use your Baby Sleep Bag correctly:

- Your Baby Sleep Bag is intended to be used instead of blankets and sheets.
- Never use your Baby Sleep Bag with a duvet or quilt.
- Check that your baby's head cannot pass through the neck hole when the Baby Sleep Bag is fastened for use.
- Adjust nightwear according to room temperature (you will soon discover the best combination of nightclothes, blankets and Baby Sleeping Bag for your baby's bedroom). See what to wear page for more information.
- Keep Baby Sleep Bags away from fire.
- The safest place for your baby to sleep is in a crib or cot in a room with you for the first six months. After that if your baby shares your bed, make sure they are only in a Baby Sleep Bag and not under your own bedding as well.
- Remember to check your baby regularly.
- Baby sleeping bags are not intended for use as a dressing gown.

Duvets

- Use for babies over 12 months. Choose 4 tog.

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A good night's sleep

A few simple precautions can help your baby sleep safely.

- Lie your baby on his back, unless your health professional advises otherwise.
- Make sure your baby is in the 'feet to foot' position (see diagram). All bedding should be tucked in and covers should reach no higher than the shoulders.
- Babies old enough to roll over should be allowed to choose the sleeping position they find most comfortable.
- Don't prop your baby up with pillows or cushions.
- Check your baby isn't too hot or too cold by feeling his neck or body (not hands or feet). Use lightweight bedding in layers you can add or subtract to keep your baby at a comfortable temperature.
- Position a room thermometer above the cot and check the temperature from time to time. A regular room temperature of 18°C (65°F) should be maintained.
- Don't use a duvet or pillow if your baby is under 12 months.
- Use quilts and coverlets with caution as their use may lead to overheating.
- Do consult a doctor if your baby is unwell.
- Don't smoke - babies should be kept in a smoke-free zone.

Room temperature guide at a glance

| Scale | °C | °F | Bedding Guide |
|------------|----|----|---|
| Too Hot | 27 | 80 | Use a sheet only |
| | 24 | 75 | |
| | 21 | 70 | |
| Just Right | 18 | 65 | Use a sheet and two layers of blankets |
| | 15 | 60 | |
| Too Cold | 13 | 55 | Use a sheet and four layers of blankets |
| | 10 | 50 | |

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Safety Checklist

Moses baskets and cribs

Do

Check the basket regularly for signs of wear and tear, particularly the handles.

Make sure that swinging cribs are locked when not in use or when your baby is left unattended.

Don't

Don't use Moses baskets or cribs for babies old enough to pull themselves up.

Cots and mattresses

Do

Buy a cot that conforms to British or European safety standards.

Check that the drop side is secure and can't be lowered by a child.

Choose a durable, non-toxic finish.

Choose a firm mattress and make sure it stays clean and dry.

Make sure the mattress is the right size - there should not, at any point, be a gap of more than 4cm between the mattress edge and the cot.

Don't

Use a worn, dirty or damp mattress.

Stick decorative transfers and labels on the inside of the cot or anywhere else your baby can reach.

Choose a mattress with handles - they may trap your baby's hands or feet.

Moses baskets and cribs

Do

Check the room temperature regularly - your baby should not be too hot or too cold.

Use lightweight bedding in layers.

Don't

Use a duvet if your baby is under 12 months, as he may get too hot.

Use a pillow if your baby is under 12 months