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Travelling by Car

Parents Tips & Tricks

Travelling by Car - Parents Tips and Tricks

For children it is not always easy to stop their natural urge to move during the trip in the car. This is why they sometimes only reluctantly stay in their seat, especially then, when they have not been used to it right from the start. Then parents have to use all arts of persuasion. Parents who know their children are aware that they achieve more if they make the seat attractive to the little rebel.

Explain to your child, that the seat only belongs to him/her and that the higher seating position makes looking out of the window easier.

These arguments convince more than horrible stories about dreadful things that could happen in an accident. After all, your child should not fear driving in the car.

And something else: Mostly children identify themselves more easily with their seat when they were present during purchase and included in the decision to buy the seat. You are responsible for the safety, but from a certain age you can let your child choose the colour.

Car Guide – Advice for travelling

- Doctors recommend to avoid long trips, if possible, until the infant is at least 6 months old.
- Allow your children breaks at least every two hours to give them fresh air and to stretch their legs.
- Dress your child according to the temperature inside the car.
- Ensure your child only leaves the car on the side of the pavement.
- Always ensure that before the trip all child safety catches are activated, so that the doors cannot be opened during the journey.
- Never leave your child unattended in the motor vehicle, but if there is no other way, secure the vehicle as well as possible, i.e. take the ignition key off, tighten the hand brake, put the gear in etc.
- Keep your children occupied during the trip, for instance with their favourite toys. But ensure that these are no heavy or sharp-edged objects. If possible, an adult should sit next to the child on the rear seat bench and look for distraction - tell stories, play cards or guessing games.
- Do not place heavy, loose objects (like road maps) on the rear parcel shelf. They can become lethal weapons during a collision.
- Do not give your child heavy meals before or during long trips. Take small, light snacks and drinks along.
- With children in the car you should drive carefully, avoid hard braking, fast acceleration and taking bends at excessive speed.
- If your child feels sick, drive slowly, open the window and - if possible - stop the car and go for a walk. Please try not to smoke in the car.